



POPULAR MECHANICS

Survival Checklist

Backpack

In an emergency evacuation, there's not always time to find what you need, so your grab-and-go pack should be preloaded with all your essentials.

- Important documents**
Copy of insurance policies, identification, bank records, medical records, copies of deeds
- Prescriptions**
Medication, eyeglasses
- Mini first-aid kit**
Bandages, antibiotic ointment, aspirin
- \$300 cash (in small denominations)**
- Prepaid phone card**
- Matches in waterproof container**
- Flashlight and extra batteries**
- Whistle to signal for help**
- Portable NOAA weather radio (battery or hand-crank powered)**
- Food (e.g., granola, nuts) and bottled water**
- Extra set of keys for your home and car**
- Infant/child necessities**

Car

You never know where you'll be when a crisis occurs, so keep a box of supplies in the trunk of your car to sustain your family if stranded on the road.

- Local maps and road atlas**
- Writing supplies**
Pencils, pens, notebook
- Food**
E.g., dried fruit, snacks, cookies
- 2 gal. of bottled water**
- Mess kit**
Paper cups, plates, utensils
- Compact sleeping bag or blankets**
- Sanitation supplies**
Toilet paper, moist towelettes, garbage bags, plastic ties
- Hand sanitizer**
- Duct tape**
- Cellphone car charger**
- Clothes**
Sweater, waterproof jacket, hat, shoes
- First-aid kit**
Bandages, antibiotic ointment, antiseptic, aspirin, antidiarrheal medicine, medical tape
- Multitool, knife**
- Fire extinguisher**
- Jumper cables**
- Light sticks or roadside flares**
- Towline for hauling or towing**



Home

The supplies in your home should keep your family safe and healthy for at least three days—and be useful during the cleanup phase.

- Window-sealing materials**
Plastic sheeting, duct tape
- Change of clothing**
Long pants, long-sleeved shirts, rain jackets, sturdy boots or shoes

Shut Down Your Home in 5 Minutes

NATURAL GAS

Most gas valves are located outside, and require a wrench for shutoff. Consult your utility company for instructions on proper shutoff, then keep those instructions in an emergency drawer by the door with a wrench and a flashlight.

WATER

During a disaster, cracked exterior water lines can bring contaminated water into your house. To shut down your house's water, simply locate and turn off the main water valve, which typically is located in the basement.

ELECTRICITY

In a flood, live electrical outlets can become a danger to both your family and rescue workers. If flooding is possible, locate your main circuit box and shut off the main breaker. If there is already water in the basement, do not touch your service panel.

- Food**
Canned and dry goods, food for your pets
- Bottled water**
Three days' supply (1 gal. per person per day), bleach, medicine dropper (to sanitize water)
- Manual can opener, plastic utensils, plates and cups**
- Lantern or candles, matches**
- Flashlight with extra batteries**
- NOAA weather radio (battery or hand-cranked)**
- Dust masks**
- Fire extinguisher**
- Heavy gloves for removing debris**
- Rope**
- First-aid kit**
Pain relievers, antidiarrheal medication, bandages, scissors, tweezers, insect repellent, splint, medical tape, iodine, needle and thread
- First-aid manual**
- Disinfectant, hand sanitizer**
- Toilet paper, bucket**
- Hand and power tools**
Generator, fuel, chain saw, shovel, rake, buckets, hose, hatchet, knife, hammer, broom, drill/driver, circular saw, fully charged backup batteries for tools

POPULAR MECHANICS



Family Communications Plan

- CONTACT NAME _____
- PHONE # _____
- CONTACT NAME _____
- PHONE # _____
- OUT-OF-STATE CONTACT NAME _____
- PHONE # _____

Evacuation Plan

- NEIGHBORHOOD MEETING PLACE _____
- DIRECTIONS _____
- PHONE # _____
- OUT-OF-TOWN MEETING PLACE _____
- DIRECTIONS _____
- PHONE # _____