

TheAntiTerrorist's Survival Links  
"The Larder of Last Resort" Supporting Document  
Revision (9/15/10) Courtesy of SleepySalsa  
YouTube Channel @ [[www.youtube.com/sleepysalsa](http://www.youtube.com/sleepysalsa)]  
The Last Bastille Podcast @ [[sleepysalsa.podbean.com](http://sleepysalsa.podbean.com)]  
The Last Bastille Blog @ [[lastbastille.blogspot.com](http://lastbastille.blogspot.com)]

- \*Remember the Survivalist's Rule of 3
- You can survive 3 seconds without thinking
  - You can survive 3 minutes without air
  - You can survive 3 hours without warmth and/or shelter
  - You can survive 3 days without water
  - You can survive 3 weeks without food
  - You can survive 3 months without hope

Thinking & Logistics:

[[link to www.survivalblog.com](http://www.survivalblog.com)]  
[[link to www.bsahandbook.org](http://www.bsahandbook.org)]  
[[link to www.raymears.com](http://www.raymears.com)]  
[[link to Les Stroud](#)]  
[[link to www.topozone.com](http://www.topozone.com)]  
[[link to uk.weather.com](http://uk.weather.com)]  
[[link to www.oism.org](http://www.oism.org)] (Free book: Nuclear War Survival Skills)  
[[link to Life After Doomsday](#)]  
[[link to the SAS Survival Handbook](#)]  
[[link to SafeCastle](#)]  
[[link to theepicenter.com](http://theepicenter.com)]  
[[link to www.yellowstonetrading.com](http://www.yellowstonetrading.com)]  
[[link to www.stayin-alive.com](http://www.stayin-alive.com)]  
[[link to www.perrets.com](http://www.perrets.com)]  
[[link to preparedness.com](http://preparedness.com)]  
[[link to www.survival-center.com](http://www.survival-center.com)]  
[[link to survivalcenter.com](http://survivalcenter.com)]  
[[link to cas.bellarmino.edu](http://cas.bellarmino.edu)]  
[[link to www.caske2000.org](http://www.caske2000.org)]  
[[link to www.thesurvivalzone.com](http://www.thesurvivalzone.com)]  
[[link to www.firstsurvival.com](http://www.firstsurvival.com)]  
[[link to www.deltapress.com](http://www.deltapress.com)]  
[[link to www.paladin-press.com](http://www.paladin-press.com)]  
[[link to www.edenpress.com](http://www.edenpress.com)] (PRIVACY)

Air:

[\[link to www.gasmasks.com\]](#)  
[\[link to www.civiliangasmask.com\]](#)  
[\[link to www.approvedgasmasks.com\]](#)  
[\[link to www.nbcgasmask.com\]](#)

#### Clothing:

[\[link to www.mountainwarehouse.com\]](#)  
[\[link to www.patagonia.com\]](#)  
[\[link to www.cabelas.com\]](#)  
[\[link to www.rei.com\]](#)  
[\[link to www.llbean.com\]](#)  
[\[link to www.dickssportinggoods.com\]](#)

#### Bunkers & Shelters:

[\[link to www.shelter-systems.com\]](#)  
[\[link to www.monolithicdome.com\]](#)  
[\[link to www.disastershelters.net\]](#)  
[\[link to www.earthmountainview.com\]](#)  
[\[link to www.williamrubel.com\]](#)  
[\[link to www.earthshelters.com\]](#)  
[\[link to www.zetataalk3.com\]](#)  
[\[link to cas.bellarmino.edu\]](#)  
[\[link to www.hardenstructures.com\]](#)  
[\[link to southwestsmoker.com\]](#)

#### Water:

[\[link to www.y2ksurvivalfood.com\]](#)  
[\[link to www.joelskousen.com\]](#)  
[\[link to purewaterfreedom.com\]](#)  
[\[link to www.alpinesurvival.com\]](#)  
[\[link to www.wilderness-survival.net\]](#)  
[\[link to www.survivaliq.com\]](#)  
[\[link to www.ecoloblue.com\]](#)

#### Storable Food:

[\[link to www.readyreservefoods.com\]](#)  
[\[link to www.aa-foods.com\]](#)  
[\[link to waltonfeed.com\]](#)  
[\[link to www.survivalamerica.com\]](#)  
[\[link to www.longlifefood.com\]](#)  
[\[link to www.patriotfood.com\]](#)

#### Seeds:

- [\[link to www.nepanewsletter.com\]](http://www.nepanewsletter.com)
- [\[link to www.victoryseeds.com\]](http://www.victoryseeds.com)
- [\[link to www.permaculture.org.au\]](http://www.permaculture.org.au)
- [\[link to www.fao.org\]](http://www.fao.org)
- [\[link to www.getseeds.net\]](http://www.getseeds.net)
- [\[link to safe-fertilizer-reviews.com/\]](http://safe-fertilizer-reviews.com/)

#### Hope & Companionship:

- [\[link to www.millennium-ark.net\]](http://www.millennium-ark.net)
- [\[link to www.secretsofsurvival.com\]](http://www.secretsofsurvival.com)
- [\[link to Troubled Times Forum\]](#)
- [\[link to www.survivalring.org\]](http://www.survivalring.org)
- [\[link to www.nepanewsletter.com\]](http://www.nepanewsletter.com)

#### Medical & Health:

- [\[link to bioterrorism101.com\]](http://bioterrorism101.com)
- [\[link to www.tetrahedron.org\]](http://www.tetrahedron.org)
- [\[link to www.relfe.com\]](http://www.relfe.com)
- [\[link to www.keelynet.com\]](http://www.keelynet.com)
- [\[link to solarhealing.com\]](http://solarhealing.com)

#### Homesteading Skills:

- [\[link to www.motherearthnews.com\]](http://www.motherearthnews.com)
- [\[link to journeytoforever.org\]](http://journeytoforever.org)
- [\[link to journeytoforever.org\]](http://journeytoforever.org)
- [\[link to www.solarsizzler.com\]](http://www.solarsizzler.com)
- [\[link to solarcooking.wikia.com\]](http://solarcooking.wikia.com)
- [\[link to journeytoforever.org\]](http://journeytoforever.org)
- [\[link to solarcooking.org\]](http://solarcooking.org)
- [\[link to www.millersoap.com\]](http://www.millersoap.com)
- [\[link to www.mulberryfarms.com\]](http://www.mulberryfarms.com)
- [\[link to www.leclerclooms.com\]](http://www.leclerclooms.com)
- [\[link to www.avlusa.com\]](http://www.avlusa.com)
- [\[link to www.hallnet.com\]](http://www.hallnet.com)

#### Tracking Skills:

- [\[link to www.trackerschool.com\]](http://www.trackerschool.com)
- [\[link to www.onpointtactical.com\]](http://www.onpointtactical.com)

Self-Defense (Martial Arts & Firearms):

[[link to www.americangunsmith.com/](http://www.americangunsmith.com/)]

[[link to www.urbanfreeflow.com](http://www.urbanfreeflow.com)]

[[link to scars.com](http://scars.com)]

[[link to www.parkour.com](http://www.parkour.com)]

[[link to www.frontsight.com](http://www.frontsight.com)]

[[link to www.nonnonsenseselfdefense.com](http://www.nonnonsenseselfdefense.com)]

[[link to www.academy.com](http://www.academy.com)]

[[link to www.theselfdefenseco.com](http://www.theselfdefenseco.com)]

[[link to www.gandermountain.com](http://www.gandermountain.com)]

Videos (Medical, Self-Defense, & General Survival):

[[link to ThePatriotNurse](#)]

[[link to NutNFancy](#)]

[[link to ShinobiMystic](#)]

[[link to SSpecialAAirSService](#)]

[[link to Ryanjcus](#)]

Miscellaneous:

[[link to www.corpairparts.com](http://www.corpairparts.com)]

[[link to alkavision.com](http://alkavision.com)]