

## Personal Equipment List (Bushcraft)

Item	Description
<b>EQUIPMENT</b>	
1. Pack	Comfortable allowing all equipment to be self-contained
2. Boots	Comfortable, Broken in
4. Sleeping Bag	Hollow fibre, or Down equivalent
5. Cooker	Complete, Operator familiar with operation, and safety.
6. Cooking Utensils	Billy, Mess-tins or light weight aluminium pots
7. Utensils	Knife fork and spoon, plates
8. Plastic cup	Named
9. First Aid Kit	Band-Aids, antiseptic ,Triangular bandages... Stored in a bag.
10. Survival Kit	Whistle ,24hrs dry food ,razor blade,hooks,matches,survival blanket
11. Compass	Silva type or Sunnto type. (Not Compulsory)
12. Torch	Check working order,Spare batteries
13. Sunglasses	UV resistant
14. Pen and small notebook	
15. Water Bottles	
16. Utility rope	approx. 5 metres
17. Camera	Optional (make sure it is insured)
18. Toilet gear	Toothbrush,soap,Shaver,mirror,Toothpaste,Shampoo,Toilet Paper
19. Food complete with menu.	
<b>CLOTHING</b>	
20. Thermal Underwear	Polypropylene/Woolen vest, long johns or Woolen singlet
21. Thermal Tops	Bushshirt,Swandri,and woollen jersey or polarfleece top
22. RainCoat	Fully waterproof for the worst conditions (No Ponchos)
23. Leggings	Waterproof
24. Balaclava or woollen hat	
25. Gloves/Mittens or gauntlets	
26. Sunhat	
27. Gaiters or Putties (optional)	
28. Woolen Socks (at least 2 pair)	
29. Sunscreen	
30. Day pack (compulsory)	

### **Note:**

The unit owns a small supply of packs, tents, sleeping mats, sleeping bags, cookers, mess-tins, torches and thermal clothing which is available for loan. Please check with us before going to unnecessary expense buying new gear.

Clothing shall be of a bright colour and be easily seen on the activity.

Cadets are to bring their own food.

### **NO COTTON , NO JEANS or Camouflage clothing.**

Cotton T-Shirt for around Camp activities is acceptable.

Packaging adds to the weight. Please minimise weight by removing bulky or unnecessary packaging BEFORE it is packed.(Plastic bags make ideal storage containers)

Please name and care for all of your belongings as No.38(Wigam)SQN ATC does not take liability for loss or damage of gear on activities.