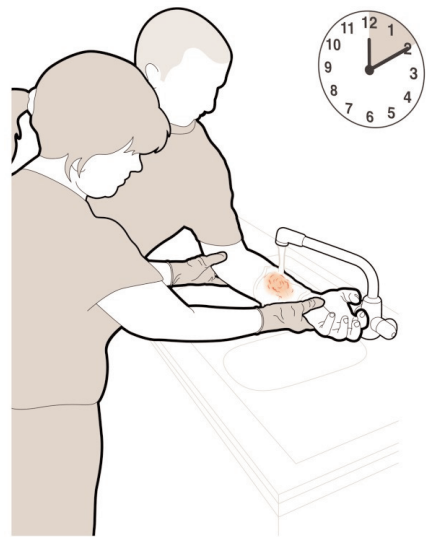


# Burns and scalds



**[1]**

Examine burn.



**[2]**

Cool the injury under running water for at least 10 minutes.



**[3]**

Cover the injury with a sterile dressing or non-fluffy cloth or cling film. Make sure someone calls 999 if the burn is severe.